

SWEAT SHOP STREET EATS

PORK BELLY BITES ginger caramel, chilli, peanuts, kaffir lime 15.5

SPICED LAMB RIBS green chilli & herb relish, Szechuan salt 18.5

DUMPLINGS prawn, green nam jim 10.9

BBQ TURMERIC CHICKEN jeaw tamarind dressing, herb salad, coconut rice 26.9

BEEF MADRAS CURRY charred greens, peanuts, spring onion 28.9

TUNA POKE BOWL soba noodle, bok choy, seaweed, edamame, citrus soy, furikake 21.5



Peckish Plates

PECKISH PLATTER

Szechuan peppered squid, mac n' cheese morsels, buttermilk chicken, fish bites, grit sticks, BBQ, aioli, hot sauce, hoppy flatbread 48.5

FISH & CHIP CONE tartare sauce, lemon 18.5

MAC N' CHEESE MORSELS smoked gouda, chipotle aioli 12.5

SZECHUAN PEPPERED SQUID garlic aioli 15.9

BUTTERMILK CHICKEN blue cheese, hot sauce 17.5

SMOKED BRISKET SPRING ROLLS sweet chilli 17.5

POUTINE tots, cheese curd, brisket, gravy 13.5

MARGHERITA fior de latte, tomato, fresh basil 23.9

PEPPERONI calabrese pepperoni, Napoli sauce, mozzarella, parmesan 23.9

SMOKED CHICKEN roasted red pepper, red onion, cranberries, plum sauce 23.9

VEGAN artichoke, grilled courgette, mushroom, spinach, cashew nut dressing, rocket 23.9

TEXAN BEEF brisket, caramelised onion, roasted red pepper, mozzarella, aioli 23.9

SALMON capers, red onion, dill, anchovy mayo 23.9

SWEAT SHOP SCORCHER Fire Dragon Chillies Dragon's Fury, yellow super hots, scotch bonnets, scorpion morugas, bhut jolokias, mozzarella, chilli beef 25.9

NOT FOR
THE FAINT
HEARTED

LUNCH PIZZAS
10 BUCKS FOR 10 INCHES

LOOK FOR THE SLICE

11am - 4pm
MON - FRI



SWEAT SHOP SMOKEHOUSE

SMOKEHOUSE TRAYS

48hr smoked beef brisket **OR** lamb ribs **OR** ½ rack pork ribs **SERVED WITH** tots, slaw, flat bread, McClure's pickles 27.9

MEGA SMOKEHOUSE PLATTER

48hr smoked beef brisket, ½ rack pork ribs, pulled pork, sliced smoked chicken, beer mustard, onion jam, blue cheese mayo, house slaw, hoppy flatbreads 48.5

BUTTER CHICKEN BURGER yoghurt mint chutney slaw, crispy cos 18.0

THE MIGHTY CHEESEBURGER beef patty, McClure's pickles, American cheese 19.0

GANGSTER DOG bacon, aged cheddar, candied jalapeños, grilled onion, mustard, ketchup, fries 16.5

FISH TACO pan fried fish, cos, guacamole, tomato salsa, tortilla 19.5

PORK BELLY FLATBREAD burnt apple chutney, slaw, mayo 17.5

SABIH FLATBREAD grilled eggplant, spiced chickpea, hummus, hung yoghurt, paprika 17.5



ORZO & KUMARA sunflower seed, pickled onion, cucumber, chickpea, lemon vinaigrette 19.5

WHIPPED GOAT CHEESE sous vide carrots, toasted granola, honeycomb, crispy thyme 22.5

FILTHY SALAD fried chicken, avocado, crispy carrot, bacon, raddicco, soft boiled egg, parmesan aioli 22.5

COLD SMOKED SALMON baby cos, red onion, capers, croutons, lemon olive oil 22.5

HERB CRUSTED RARE BEEF beetroot, rocket, parmesan, horseradish dressing 22.5

a bit on the **TOIS**

CHIPS aioli 9.0

TOTS 8.0

GRIT STICKS 8.0

SEASONAL GREENS furikake 8.0

FRIED-MCCLURE'S PICKLES 9.0

12.0 ea

CHURROS cinnamon dusted sugar, chocolate sauce

LAMINGTON ICE CREAM SANDWICH

homemade ice cream, whipped cream, jam

NUTELLA PIZZA vanilla ice cream, banana, marshmallows

KIWI MESS meringue, whipped cream, Jaffas, Pineapple Lumps



BEER

SWEAT SHOP BREWS

SESSION ALE 3.5%

COLOUR deep golden
NOSE lightly hopped
TASTE full body, floral hops, balanced

PILSNER 5.0%

COLOUR pale straw
NOSE floral, grassy hops
TASTE crisp, clean, lingering bitterness

IPA 6.0%

COLOUR light copper
NOSE sweet citrus, tropical hops
TASTE hop forward, balanced, moderate bitterness

APA 6.0%

COLOUR pale amber
NOSE fruity, floral, grassy
TASTE hop forward, biscuit, moderate bitterness

LAGER 4.7%

COLOUR light straw
NOSE light malt aroma
TASTE crisp, clean, dry

BREWER'S CHOICE

Resident beer guru Paddy works his magic. Ask staff for a taste of his latest creation.

Glass 11.0 | Pitcher 40.0 | Flight 16.0
(Flight – three of our amazing brews)

Take home a 1.25L rigger 22.0

Sweat Shop
Black Dog
Tuatara
Lagunitas

SEASONAL CRAFT

Heineken
Tiger
Monteith's
Barber Lager
Pointers Pale Ale
XPA
Highway IPA
Crushed Apple Cider

DRAUGHT

Heineken
Tiger
Tiger Crystal
Sol
Tuatara
Mot Eureka Pilsner
Kapai Aotearoa Pale Ale
Monteith's
Barber Lager
Original
Black
Crushed Apple Cider
Black Dog
Pug Life XPA
Boneyard IPA
Rekorderlig Cider
Strawberry & Lime
Passionfruit & Lime
Wild Berries

BOTTLED

Heineken Light 2.5%
Heineken 0.0%
Sweat Shop Session Ale 3.5%
Amstel Light 2.5%
Export Citrus Lemon 2.0%
Monteith's Lightly Crushed Cider 2.0%

LOWER ALCOHOL

COCKTAILS

All 18.0

RUDE AWAKENING

Herradura Reposado Tequila | St Germain Elderflower Liqueur | pink grapefruit syrup | lime juice

WHITE WEDDING

Scapegrace Gin | Cointreau | Angostura Bitters | pineapple juice | egg white | freshly squeezed lemon

SWEAT SHOP ESPRESSO MARTINI

Pinnacle Whipped Cream Vodka | Butterscotch Liqueur | fresh espresso

BOYSENBERRY MOJITO

Mount Gay Eclipse Silver Rum | fresh lime | boysenberries | mint | sugar syrup

SOUTHERN JOE

Jack Daniel's Tennessee Whiskey | Southern Comfort | apple juice | freshly squeezed lemon | strawberry syrup

RUBY'S GIN ROSIE

Hayman's London Dry Gin | Sipsmith Original London Cup | Sour Rhubarb Liqueur | lime juice | blueberries | ginger beer

SOUTHSIDE SMASH

Jameson Caskmates IPA | lime juice | mint | sugar syrup

KENTUCKY PIE

Woodford Reserve Double Oaked Bourbon | vanilla liqueur | Crème de Cassis | lemon | blueberries

CHAMPAGNE

G.H. Mumm Cordon Rouge Reims
Piper Heidsieck Reims
Veuve Clicquot Reims
Pol Roger Epernay

FLUTE ½ BTL BTL
24.0 72.0 120.0
140.0
150.0

SPARKLING

Mionetto Prestige Prosecco Veneto
Mionetto Sparkling Rosé Veneto
Brancott Estate Brut Cuvée Marlborough

FLUTE BTL
11.0 50.0
11.0 50.0
50.0

SAUVIGNON BLANC

Straw Island New Zealand
The Maker Fleur de Lis Marlborough
Square Mile Marlborough
Villa Maria Reserve Marlborough
Triplebank Marlborough
Jules Taylor Marlborough

SML LRG BTL
9.0 15.0 42.0
9.5 15.5 45.0
11.0 18.0 48.0
11.5 19.0 50.0
12.5 20.0 54.0
13.0 22.0 60.0

PINOT GRIS

Straw Island New Zealand
The Maker Kings Divinity Cross Marlborough
Baby Doll Marlborough
Lake Chalice The Falcon Marlborough
Rabbit Ranch Central Otago
Man O' War Estate Waiheke

9.0 15.0 42.0
9.5 15.5 45.0
10.5 18.0 48.0
11.5 19.0 52.0
12.5 20.0 54.0
13.0 22.0 58.0

RIESLING

Wairau River Marlborough

10.5 17.0 47.0

CHARDONNAY

Straw Island New Zealand
The Maker Knighthood Gisborne
Kumeu Village Kumeu
Brookfields Bergman Hawke's Bay
Matawhero Single Vineyard Gisborne
Mills Reef Reserve Hawke's Bay

9.0 15.0 42.0
9.5 15.5 45.0
11.0 18.0 48.0
11.5 19.0 50.0
12.0 20.0 55.0
13.0 22.0 59.0

ROSÉ

Straw Island New Zealand
Babydoll Marlborough
Left Field Hawke's Bay
Maison Fortant Provence
Rua Central Otago
Jules Taylor Gisborne

9.0 15.0 42.0
10.0 17.0 48.0
11.0 18.0 50.0
12.0 19.0 52.0
12.5 20.0 55.0
13.5 21.0 58.0

PINOT NOIR

The Maker Fire Eagle Marlborough
Square Mile Marlborough
SOHO Gen-Y Bobby Marlborough
Cherry Block Central Otago
Rabbit Ranch Central Otago
Rua Central Otago

9.5 15.5 45.0
10.5 18.0 48.0
11.5 19.0 53.0
12.0 20.0 57.0
13.5 22.5 65.0
14.0 23.0 67.0

CABERNET

I Am George Limestone Coast
Te Awa Single Estate Gimblett Gravels

12.0 20.0 65.0
12.5 22.5 66.0

MERLOT

Straw Island New Zealand
Brookfields Burnfoot Hawke's Bay

9.0 15.0 42.0
10.5 17.0 50.0

MALBEC

Santa Ana Reserve Argentina

11.0 17.5 48.0

SHIRAZ | SYRAH

Tempus Two Silver Series Shiraz Hunter Valley
Beresford Bell Tower Shiraz McLaren Vale
Brookfields Back Block Syrah Hawke's Bay
Mills Reef Reserve Syrah Gimblett Gravels

10.0 17.0 47.0
11.5 18.0 49.0
11.5 18.0 49.0
12.0 22.0 60.0

GUILT-FREE LIBATIONS

Antipodes Water Still | Sparkling
500ml 6.0 | 1L 11.0

C Organic Coconut Water 7.0

Juice Apple | Cranberry | Grapefruit | Orange | Pineapple | Tomato

Soft Drinks Coke | Coke No Sugar | Sprite | Schweppes Ginger Beer | Ginger Ale

Red Bull | Red Bull Sugar Free

COFFEE Flat White | Long Black | Espresso | Macchiato | Cappuccino | Latte | Chai Latte | Hot Chocolate | Kid's Hot Chocolate | Fluffy

TEA English Breakfast | Earl Grey | Green | Chamomile | Peppermint

COUNTERFEIT COCKTAILS

SEEDLIP GARDEN REFRESHER

Seedlip Garden | East Imperial Grapefruit Soda | apple juice | cucumber 12.0

SEEDLIP SPICED ESPRESSO MARTINI

Seedlip Spiced | espresso | sugar syrup 12.0



SWEAT SHOP BREW KITCHEN

WINE