



DRAGON BABIES

PORK BAO BUN [2] char siu sauce, Asian slaw, sesame seed 15.5

SALT & PEPPER SQUID Sweat Shop seasoning, wasabi aioli, lemon 17.9 **(GF/DF)**

BITE ME!

CORN BREAD whipped smoky paprika butter 15.5 **(V)**

BUTTERMILK FRIED CHICKEN jalapeño, ranch sauce 19.0

FRIES Sweat Shop seasoning, aioli 10.0 **(V/DF/GF)**
ADD gravy 2.0 **(GF)**

POUTINE gravy, feta, parmesan 15.9 **(V/GF)**

LOADED FRIES pulled lamb, tzatziki, parmesan, crispy mint 17.4 **(GF)**

MUSHROOM RICE BALL truffle aioli, parmesan 16.5 **(V/GF)**

CAULIFLOWER POPCORN Buffalo hot sauce 17.0 **(V)**

SALAD

GREEN BOWL broccolini, baby spinach, green beans, red rice, green dressing 24.9 **(VG/GF/DF)** | **ADD** chicken 6.0

CLASSIC CAESAR crispy bacon, cos, crushed croutons, parmesan, egg, anchovy aioli 20.5 **ADD** chicken 6.0

PLATTERS

SWEAT SHOP SOUTHERN RIBS Carolina BBQ sauce, chips, onion rings **HALF** 30.5 | **FULL** 50.5

SWEAT SHOP salt & pepper squid, buttermilk fried chicken, cauliflower popcorn, mushroom rice ball, poutine fries, cheesy garlic pizza bread 49.5

GRAZING aged cheddar, brie, chicken liver pâté, salami, prosciutto, pickles, crackers, focaccia crostini 49.5

PIZZA

CHEESY PIZZA BREAD garlic 15.5 **(V)**

MARGHERITA cherry tomato, basil 23.5 **(V)**

PEPPERONI Italian salami, spicy pepperoni 25.5

CHICKEN & BRIE cranberry sauce 26.5

POTATO & ROSEMARY fresh mozzarella, confit garlic, olive oil 23.5 **(V)** | **ADD** chicken **OR** prosciutto 6.0

MAIN EVENT

FRIED CHICKEN HAWKER ROLL pickles, jalapeño, Asian slaw, aioli 21.9

CHEESEBURGER wagyu beef pattie, cheese, lettuce, pickles, tomato, fries, aioli, BBQ sauce 27.0 | **ADD** GF burger bun 3.0

BUFFALO FRIED CHICKEN BURGER bacon, lettuce, pickles, tomato, ranch dressing, fries 26.0 | **ADD** GF burger bun 3.0

VEGGIE BURGER feta & quinoa pattie, pickles, lettuce, tomato, ranch sauce, fries 25.5 **(V)** | **ADD** GF burger bun 3.0

FISH 'N CHIPS tartare sauce, lemon 27.0 **(DF)**

SWEET SHOP

MINI DOUGHNUTS cinnamon sugar, vanilla custard, almond praline, chocolate sauce 13.5

WARM CHOCOLATE TORTE Black Doris plum & crème fraîche ice cream, chocolate sauce 13.9 **(GF)**

V VEGETARIAN | **VG** VEGAN | **DF** DAIRY FREE |

GF GLUTEN FRIENDLY | **GFA** GLUTEN FRIENDLY AVAILABLE

We try our absolute best but our kitchen is not a gluten-free zone, so please chat to our staff if you have any questions. All credit card and payWave payments incur a 2.5% surcharge.

SCAN HERE

SAFETY FIRST,
SCAN HERE

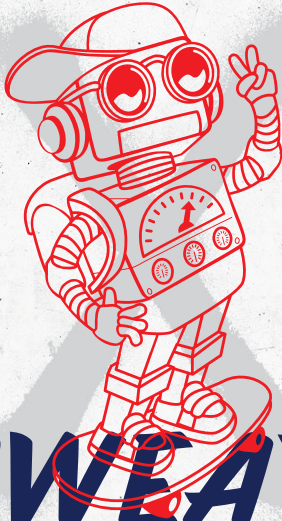


REWARDS SECOND, SCAN HERE



Want \$1 back for every \$10 you spend? Sign up to Joylab Rewards and get 10% back as Joylab Rewards Dollars, redeemable here and at 20+ bars, pubs and restaurants across Auckland.





SWEAT SHOP KIDS

WE TRY OUR ABSOLUTE BEST
BUT OUR KITCHEN IS NOT A
GLUTEN-FREE ZONE, SO PLEASE
CHAT TO OUR STAFF IF YOU
HAVE ANY QUESTIONS.

MAINS

FRIED CHICKEN fries,
dipping sauce 13.5

FISH & CHIPS tartare sauce
13.5 (DF)

PIZZA cheese, tomato,
ham 13.5 (GFA)

CHICKEN PARMIGIANA
ham, pizza sauce, mozzarella,
fries 15.5

KIDS TREATS

ICE CREAM SUNDAE 7.0 (GF)

MINI DOUGHNUTS
cinnamon sugar, vanilla
custard, chocolate sauce 7.0





CHAMPAGNE

		FLUTE	½ BTL	BTL
Mumm Cordon Rouge	Reims			105.0
Piper Heidsieck	Reims	21.0	75.0	130.0
Pol Roger	Epernay			160.0

SPARKLING

		FLUTE		BTL
Mionetto Prestige Prosecco	Italy	12.0		52.0

SAUVIGNON BLANC

		SML	LRG	BTL
Montana Festival Block	Marlborough	9.5	15.5	44.0
The Maker	Marlborough	10.0	17.0	47.0
Babydoll	Marlborough	10.5	17.5	48.0
Mud House	Marlborough	12.0	20.0	58.0
Cable Bay	Marlborough	13.0	22.0	65.0

CHARDONNAY

				BTL
Montana Festival Block	East Coast	9.5	15.5	44.0
The Maker	East Coast	10.0	17.0	47.0
Babydoll	Hawke's Bay	10.5	17.5	48.0
Matawhero	Hawke's Bay	13.5	23.0	68.0
Staete Landt Josephine	Marlborough	14.0	25.0	73.0

PINOT GRIS

				BTL
Montana Festival Block	Waipara	9.5	15.5	44.0
The Maker	East Coast	10.0	17.0	47.0
Babydoll	Marlborough	10.5	17.5	48.0
Waipara Hills	Waipara	12.0	20.0	58.0
Main Divide	Waipara	13.0	22.0	65.0

RIESLING

				BTL
Brancott Estate	Waipara	10.0	16.0	46.0

ROSÉ

				BTL
Montana	East Coast	9.5	15.5	44.0
The Maker	East Coast	10.0	17.0	47.0
Babydoll	Marlborough	10.5	17.5	48.0
Toi Toi	Marlborough	12.0	20.0	58.0
SOHO Pink Sheep	Marlborough	13.0	22.0	65.0

PINOT NOIR

				BTL
Montana Festival Block	Waipara	9.5	15.5	44.0
The Maker	East Coast	10.0	17.0	47.0
Babydoll	Marlborough	12.5	21.0	61.0
Camshorn	Waipara	13.5	23.0	68.0
Toi Toi	Central Otago	14.0	25.0	73.0

MERLOT | MALBEC

				BTL
Montana Festival Block Merlot Cabernet	Hawke's Bay	9.5	15.5	44.0
Chakana Malbec	Argentina	11.5	19.0	54.0

SHIRAZ | SYRAH

				BTL
Tempus Two Shiraz	Hunter Valley	11.0	18.0	53.0
Brookfields Back Block Syrah	Hawke's Bay	12.5	21.0	61.0





BEER

SWEAT SHOP BREWS

LAGER LIGHT 3.0%

TASTE full bodied, floral hops, balanced, easy drinking
NOSE lightly hopped
COLOUR straw

PILSNER 5.0%

TASTE NZ hops, refreshingly cleansing, moderate bitterness, floral finish
NOSE sweet floral
COLOUR pale straw

IPA 6.0%

TASTE full bodied, citrus & tropical, generous USA style malt bill
NOSE sweet citrus & pine
COLOUR light copper

LAGER 4.7%

TASTE crisp, clean & dry, wheat crackers & bread crust, moderate sweetness, gentle nutty finish, balanced bitterness
NOSE slightly floral, light malt
COLOUR pale straw

HAZY APA 5.5%

TASTE full bodied, juicy, grapefruit & citrus, refreshingly clean, moderate bitterness
NOSE clean citrus
COLOUR solid hazy yellow

BREWER'S CHOICE

Ask staff for a taste of our latest creation.

ORDER BY THE GLASS, PITCHER OR FLIGHT INCLUDING THREE OF OUR AMAZING BREWS.

TAKE HOME A 1.25L RIGGER!

DRAUGHT

Sweat Shop Brews
Tuatara Guest Tap
Heineken
Heineken Light 2.5%
Tiger
Export Gold
Monteith's
Golden Lager
Crushed Apple Cider
Club Setter Seltzer
Tropical

LOWER ALCOHOL

Heineken Light 2.5%
Heineken 0.0%
Export Gold 0.0%
Sweat Shop Lager Light 3.0%

BOTTLED

Heineken
Tiger
Tiger Crystal
Sol
Tuatara
Aotearoa Pale Ale
Pilsner
Monteith's
Black Beer
Patriot APA
Phoenix IPA
Rekorderlig Cider
Strawberry-Lime
Watermelon-Strawberry
Arctic Berries
Orchard Thieves Cider
Apple
Apple Lower Sugar

CANS

Odd Company
Vodka, Lemon, Lime & Yuzu
Vodka, Peach & Passionfruit
Club Setter Seltzer
Tropical



COCKTAILS

LONG ISLAND ICED TEA vodka | gin | tequila | rum | triple sec | lemon | sugar 15.0

HONEYDROP bourbon | honey | mint 15.0

DARK & STORMY spiced rum | bitters | ginger beer | lime juice 15.0

CLOVER CLUB Malfy gin Rosa | prosecco | lemon | raspberries | sugar | egg white 19.0

JAFFA Crème de Cacao white | Licor 43 | cream 19.0

HIBISCUS PALOMA El Jimador Blanco | hibiscus syrup | grapefruit juice | lime juice 19.0

SWEAT SHOP ESPRESSO MARTINI

Tito's vodka | Licor 43 | butterscotch liqueur | fresh espresso 19.0

PEACH & BLACKBERRY DAIQUIRI.

Flor de Caña white rum | peach | lime juice | blackberries 19.0

COUNTERFEIT COCKTAILS What you feelin? We can do it! 14.0

GUILT-FREE LIBATIONS

Water

San Pellegrino Sparkling 500ml 7.0 | 1L 11.5
Acqua Panna Still 500ml 7.0 | 1L 11.5

Juice Apple | Cranberry | Grapefruit | Orange | Pineapple | Tomato

Soft Drinks Coke | Coke No Sugar | Sprite | Ginger Ale | Schweppes Ginger Beer | Tonic Water | Soda Water

Red Bull Original | Sugar Free | Tropical

COFFEE

Flat White | Long Black | Espresso | Macchiato | Cappuccino | Latte | Chai Latte | Hot Chocolate

Kids Hot Chocolate | Fluffy

TEA

English Breakfast | Earl Grey | Green | Chamomile | Peppermint